



Honored Spaces Psychotherapy

Adult Information Form

(Please note that all information collected on this form is held in the strictest confidentiality.)

1.) General Information:

Name: _____/Nickname if applicable: _____

Date of Birth: _____ age: _____ sex: (circle) M F other: _____

Soc. Sec #: _____ / _____ / _____ or driver's License number: _____

Address: _____

street

city

State

zip

Home Phone: _____ Cell Phone #: _____ ****Please note any**

restrictions of leaving messages on any of these numbers: _____

E-mail

address: _____

Are you employed? (circle) Yes No If "Yes" - please list your place of employment:

_____ Length of time at this job:

_____ Job hours: _____

work phone: _____ May I contact you at this number? (circle) Yes No

Education level: (high school, AAS, BA, MA degree, etc) _____

2.) Payment Agreement: The hourly rate I have agreed to pay: \$ _____/hr

My Initials: _____ Therapists Initials: _____

3.) Referral: How were you referred you to me?

Name/Organization: _____

4.) Chief Concerns:

What concerns bring you to make this initial appointment today?

5.) Treatment History

Have you ever been seen for Drug/Alcohol/Psychiatric/Psychological treatment before?

(Please include any Psychiatric hospitalizations) _____ If "yes" , When & how long?
_____ For what? _____ With
Whom? _____

With what results?

6.) Medical:

Please list your current Doctors where you receive medical care:

When was your last medical checkup? _____

How would you rate your current health? _____

Please list any medications you are currently taking, including prescribed, vitamins, over-the-counter and herbal remedies:

Medication/drug Dose/frequency Reason you take this Prescribing Dr.

Please list any allergies/adverse medication reactions: _____

List anything else about your medical health history you would like me to know:

7.) Chemical Use:

Are you a cigarette smoker? _____ If so, how many packs/day or week? _____

How much beer wine, or hard liquor do you consume on average, on a weekly basis?

Which drugs(non prescribed)have you used in the past 10 years? _____

Please list details on the usage of these drugs, such as, the amounts and how often used, and your reactions to these drugs/chemicals. _____

8.) Family of origin(the family that raised you):

Relative Name Age/or age at death Physical/Mental health or cause of death

Mother: _____

Father: _____

Siblings: _____

(list separately) _____

List any other information about your family that you feel would be important: _____

9) Psychological/Emotional History:

Were you abused in any way(circle): Yes No Type of abuse: _____

This includes sexual(touching, molesting/fondling, intercourse), " physical (beatings, etc), neglect(not feeding, sheltering or protecting) or emotional(shame and humiliation):

<u>Your age (at the time)</u>	<u>Type</u>	<u>By whom</u>	<u>Issues resolved?</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you ever been the survivor of other types of trauma or violence? If "yes" please list:

Have you ever been violent towards others? If "yes" please describe: _____

Have you ever had violent thoughts towards anyone? ____ If "yes" toward whom do you feel this way?

Have you ever physically, sexually or emotionally abused anyone? ____ If "yes" please describe: _____

Have you ever felt suicidal? _____ If "yes", when and what were the circumstances?

Have you ever attempted suicide? _____ If "yes" , when and how? _____

Are you feeling suicidal now? _____
Explain _____

10.) Social Information:

Please circle your current Relationship Status: Married Single Divorced
 Living with Partner Widowed

Spouse/Partner's Name: _____ How long have you been together? _____

His/Her Occupation: _____ Employer: _____

Describe your relationship with your spouse/partner? _____

List your children's name, ages and add before child's name, "PM" for from a previous marriage, "CM", current marriage, "S" for stepchild, and "A" for adopted child, also add if they are still at home with you:

Name: age: At Home? Name: age: At Home?

How is your relationship with your children? _____

Please list your most social involvements(friends, church, clubs, organizations, sports, etc): _____

List your favorite activities, hobbies, and other interests: _____

What was the role of religion/spirituality in your home growing up? _____

Do you have a faith preference that you practice now? _____ If "yes" which church, or temple do you affiliate yourself with? _____

11.) Other:

Is there anything that as your therapist I have not addressed in this intake form, that you are wanting help and support with? _____

